

## PRE-TREATMENT SERVICES

Accessing services in preparation for a treatment program admission and may include:

- ❖ Intake and assessments
- ❖ Monitoring abstinence from substances misused
- ❖ Monitoring referrals for medical, legal, or other services
- ❖ Support counseling
- ❖ Or other client-directed services
- ❖ Detox support

**AWARENESS WORKSHOPS:**  
Impacts of...

- ❖ Substance Misuse: i.e. Marijuana/Tobacco, Crack/Cocaine, Prescription Drug abuse and Alcohol.

The Ngwaagan Gamig Recovery Centre Inc. team also provides services following treatment where possible.

Ngwaagan Gamig Recovery Centre Inc. does maintain case files for recordkeeping, measuring progress and statistical reporting purposes.

We welcome suggestions to improve service.

## TREATMENT PROGRAM

### RESIDENTIAL/DAY/OUTPATIENT ADDICTIONS TREATMENT

Applications for either treatment program are considered for males and females, 18 years of age or over. Applicants can be self-referred self or referred through social service workers, NNADAP workers or other community services.

We offer Addictions Treatment utilizing a Cognitive Behavioural Therapy (CBT) approach integrated within the foundation of the Seven Grandfather teachings.

#### WEEK 1

Orientation, teachings on Respect & Humility, goal setting, introduction to cognitive behavior therapy (CBT)

#### WEEK 2

Teachings on Truth & Honesty, stages of change, education session on impacts of addictions

#### WEEK 3

Teachings on Bravery and Wisdom, problem solving, sessions on wellness and recovery

#### WEEK 4

Teachings on Love and the Journey Within, cultural teachings, preparations for completion of program.

## PREVENTION SERVICES

Ngwaagan Gamig's Community-Based Addictions Services provide education and awareness sessions on addictions prevention and on the impacts of substance addictions.

### SCHOOL EDUCATION

School programming includes culturally based presentations and sessions geared to educating on impacts of alcohol and substance misuse and sessions on character-building topics.

### SUPPORT COUNSELLING

- ❖ Staff assist individuals with concerns and help them make informed decisions regarding their lives.
- ❖ After Care services
- ❖ Relapse Prevention
- ❖ Continuing Care
- ❖ Community Events & Social Activities



**2018 2019  
Treatment Cycle  
Remaining Admission Dates**

**Mission Statement**

Ngwaagan Gamig Recovery Centre Inc. is dedicated to the delivery of culturally-based addictions treatment and prevention services.

**VISION STATEMENT  
(Niigaan Naab Daa)**

To empower individuals and families toward a healthy lifestyle, healing and wellness, through education utilizing cultural holistic approaches.

**Serving Community since 1976**

**Accredited since 2008, received exemplary standing from Accreditation Canada in 2014**

**ISO certified since 2010**

Revised July 30, 2018

Cycle	Admission Day	Completion Date	Program Duration
1	April 16	May 11	4wks
2	May 22 Tue	June 15	4wks
3	June 25	July 20	4wks
4	Aug. 7 Tue	Aug. 31	4wks
5	Sept. 10	Oct. 5	4wks
6	Oct. 29	Nov. 22	4wks
7	Nov. 26	Dec. 20	4wks
8	Jan. 7	Feb. 1	4 wks
9	Feb.11	March 8	4 wks
GAT	March 18	March 22	1 wks

GAT: Gambling Addictions Treatment

**The Treatment Application Process Includes:**

- 1) Treatment Referral forms
- 2) Pre-Admission Medical form and a
- 3) Drug Utilization Screening Inventory Revised Assessment–DUSI-R
- 4) Native Wellness Assessment

**Ngwaagan Gamig  
Recovery Centre  
Inc.  
(Rainbow Lodge)**



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**Office Hours**

**Monday–Friday**

**8:30 am–4:30 pm**

**(Closed for lunch hour 12-12:45p.m.)**