

## PRE-TREATMENT SERVICES

Accessing services in preparation for a treatment program admission and may include:

- ❖ Intake and assessments
- ❖ Monitoring abstinence from substances misused
- ❖ Monitoring referrals for medical, legal, or other services
- ❖ Gambling Addiction awareness (Offered twice per year)
- ❖ Detox support
- ❖ Community Events & Social Activities
- ❖ Support counseling
- ❖ Treatment readiness

### AWARENESS WORKSHOPS:

Impacts of...

- ❖ Substance Misuse: i.e. Marijuana/Tobacco, Crack/Cocaine, Prescription Drug abuse and Alcohol.

The Ngwaagan Gamig Recovery Centre Inc. team also provides services following treatment where possible.

Ngwaagan Gamig Recovery Centre Inc. does maintain case files for recordkeeping, measuring progress and statistical reporting purposes.

We welcome suggestions to improve service.

## TREATMENT PROGRAM

### RESIDENTIAL/DAY/OUTPATIENT ADDICTIONS TREATMENT

Applications for either treatment program are considered for males and females, 18 years of age or over. Applicants can be self-referred self or referred through social service workers, NNADAP workers or other community services.

We offer Addictions Treatment utilizing a Cognitive Behavioural Therapy (CBT) approach integrated within the foundation of the Seven Grandfather teachings.

#### WEEK 1

Orientation, teachings on Respect & Humility, goal setting, introduction to cognitive behavior therapy (CBT)

#### WEEK 2

Teachings on Truth & Honesty, stages of change, education session on impacts of addictions

#### WEEK 3

Teachings on Bravery and Wisdom, problem solving, sessions on wellness and recovery

#### WEEK 4

Teachings on Love and the Journey Within, cultural teachings, preparations for completion of program.

## PREVENTION SERVICES

Ngwaagan Gamig's Community-Based Addictions Services provide education and awareness sessions on addictions prevention and on the impacts of substance addictions.

### SCHOOL EDUCATION

School programming includes culturally based presentations and sessions geared to educating on impacts of alcohol and substance misuse and sessions on character-building topics.

### SUPPORT COUNSELLING

- ❖ Staff assist individuals with concerns
- ❖ After Care services
- ❖ Relapse Prevention
- ❖ Continuing Care
- ❖ Community Events & Social Activities



**2019/2020  
Treatment Cycle  
Remaining Admission Dates**

**Mission Statement**

Ngwaagan Gamig Recovery Centre Inc. is dedicated to the delivery of culturally-based addictions treatment and prevention services.

**VISION STATEMENT  
(Niigaan Naab Daa)**

To empower individuals and families toward a healthy lifestyle, healing and wellness, through education utilizing cultural holistic approaches.

**Serving Community since 1976**

**Accredited since 2008 by  
Accreditation Canada**

Revised Jan 2, 2019

Cycle	Admission Day	Completion Day	Program Duration
8	Jan 7, 2019	Feb 1, 2019	4 weeks
9	Feb. 11, 2019	March 8, 2019	4 weeks
10	March 18	March 22, 2019	1 week
1	April 1, 2019	April 26, 2019	4 weeks
2	May 6, 2019	May 31, 2019	4 weeks
3	June 10, 2019	July 5, 2019	4 weeks
4	August 6, 2019 (Tuesday)	August 30, 2019	4 weeks
5	September 9, 2019	October 4, 2019	4 weeks
6	October 21, 2019	November 15, 2019	4 weeks
7	November 25, 2019	December 20, 2019	4 weeks
8	January 6, 2020	January 31, 2020	4 weeks
9	February 10, 2020	March 6, 2020	4 weeks
10	March 16, 2020	March 20, 2020	1 week

- **Gambling Treatment Program**

**The Treatment Application  
Process Includes:**

- 1) Treatment Referral forms
- 2) Pre-Admission Medical form and a
- 3) Drug Utilization Screening Inventory Revised Assessment-DUSI-R
- 4) Native Wellness Assessment

**Ngwaagan Gamig  
Recovery Centre  
Inc.  
(Rainbow Lodge)**



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**Office Hours**

**Monday-Friday**

**8:30 am-4:30 pm**

**(Closed for lunch hour 12-12:45p.m.)**